

# HP-CPR Skill Check Sheet

(Seattle/King County Resuscitation Academy) (2/1/2019 MH)

# 30:2



PRINT NAME

EMS #

Date: / /

**Objective:** Given 2 or more providers, BLS/ALS equipment and manikin: demonstrate assessment and treatment for Cardiac Arrest as outlined in current: **HP-CPR 30:2.**

## PPE / SAFETY

Gloves

Eye Protection

AED Safety

**COMPRESSION PERSON(S) AT PT'S RIGHT SIDE, ADDITIONAL MANPOWER ENTERS AT RIGHT SIDE**

**FEMORAL PULSE CHECK DURING CPR AND ANALYSIS**

(PERFORMED BY AED/MONITOR OPERATOR OR OTHER PERSONNEL IF AVAILABLE)

Confirm:  
uncon./unresp.

Pulse check  
(no more than 10 sec.)

Verbally **counts**  
compressions

Performs proper  
airway/breathing technique

Remove patient to open area

Remove clothing to start

Immediately begins chest compressions with  
rate of 100-120 per minute (use metronome)

Completes 2 minutes of CPR before first  
analysis OR (direction per MPD approval)

Resume CC immediately after shock

Pulse check - after 2<sup>nd</sup> "No Shock Indicated"

Switches every 2 minutes (< 5 seconds)

Proper "HOVER" position

\*\*Proper hand placement (center of chest)

\*\*Compress chest 2-2.4 inches (50-60mm)

\*\*Allow complete recoil between compressions

\*\* (per feedback device)

**\*DEFIB TECHNICIAN (COCKPIT POSITION WITH AED/MONITOR AT PT'S LEFT SHOULDER)**

**- ANALYZE AFTER (2) MINUTES of HP-CPR** \*(provides HP-CPR performance feedback as needed)\*\*\*

## Shock Advised

- Shock – (no pulse check after)
- 2 Minutes of CPR
- Rotates in NEW compressor
- Analyze @ 2 mins. (post-shock)

## No Shock Advised

- 2 Minutes of CPR
- Rotates in NEW compressor
- Pulse Check < 10 sec. (after 2<sup>nd</sup> No Shock)

**VENTILATION PERSON (USES THE "C-3" TO SEAL AND "3-FINGER" TECHNIQUE IN VENTILATE)**

Give 2-breaths/30 comp. (unsecured airway) **AND**  About 1 second/breath \*(350-500ml)

Give 1 breath/10<sup>th</sup> comp. (secured airway) **AND**  Does so on "Recoil/Decompression" \*(350-500ml)

\*achieve chest rise

**TIME KEEPER (OFFERS A "COUNTDOWN" APPROACH – 30 SECS, 15 SECS, ROTATE, ETC.)**

Tracks 2 min. intervals  Announces time at 1:45  Eliminates **ALL** unnecessary interruptions

## CRITICAL FAIL CRITERIA

**Must successfully perform ALL ELEMENTS**

PASS

YES \_\_\_\_\_

NO \_\_\_\_\_

Evaluators name/signature:

Date: